

	Year 10	Year 11
Autumn 1	<p>Introduction to my Life and Lifestyles PIXL</p> <p>Elections (CEC- 2nd week)</p> <p>Making choices PIXL</p> <p>Healthy habits 1 and 2 PIXL</p> <p>Balance PIXL</p> <p>Responsibility 1 and 2 PIXL</p> <p>Personal growth 1 and 2 PIXL</p> <p>Health and safety and emergency help (Red cross)</p> <p>Red Cross news responses as appropriate</p>	<p>Introduction to my Mind PIXL</p> <p>Healthy body, healthy Mind</p> <p>Elections (CEC- 2nd week)</p> <p>Mindset Assessment</p> <p>Mind training Part 1 and 2</p> <p>Pornography (Lovewise)</p> <p>Homosexuality (The Third Way, WAL?)</p> <p>Using my skills (Barclays)</p> <p>Building my skills (Barclays)</p> <p>Self-confidence (Barclays)</p> <p>Workplace communication skills (Barclays)</p> <p>Red Cross news responses as appropriate</p> <p>STAR project- Relationships</p>
Autumn 2	<p>Future careers PIXL</p> <p>Think about your future</p> <p>Career development</p> <p>Business formations</p> <p>Equality, diversity and inclusion</p> <p>Work experience</p> <p>STAR project- CSE and grooming</p>	<p>Mental Toughness Parts 1-3 PIXL</p> <p>Resilience</p> <p>Determination</p> <p>Mental health and stigma</p> <p>Positivity and self-awareness</p> <p>Apprenticeships</p>
Spring 1	<p>Healthy relationships PIXL</p> <p>Feelings</p> <p>Emotions Parts 1 and 2</p> <p>Graduate- Acts of kindness, respect and without harm (Internet safety and grooming)</p> <p>Pornography</p> <p>KS4 Citizenship Topic 7- Freedom of the Press</p>	<p>Getting into University 8 sessions PIXL</p> <p>Prison Me no Way?</p> <p>Study skills?</p> <p>CVs?</p> <p>Topic 9- The UK, EU, Commonwealth and UN</p>

Spring 2	<p>Topic 1 Legal and Human rights and justice system</p> <p>Topic 2 Diversity in the UK (Truetube- Global Acts of Unity)</p> <p>Topic 3 Parliament and Government</p> <p>Topic 4- Democratic and electoral processes</p> <p>Topic 5- Economy, business and financial services</p> <p>Topic 8- Rights and responsibilities for consumers, employers and employees</p>	<p>LORIC Communication/ True Tube Videos</p> <p>Topic 6- Individuals and volunteers for change</p> <p>Topic 11- Active citizenship</p>
Summer	<p>LORIC Initiative</p> <p>Continuation of Citizenship topics from Spring 2 if more time required</p> <p>Topic 10 Global interdependence and responsibility</p>	GCSE Examinations