

	Year 7	Year 8	Year 9
Autumn 1	<p>Introduction to PSHE and Citizenship</p> <p>Elections <b>(CEC- week 2)</b></p> <p>Health self-assessment PIXL</p> <p>Being active PIXL</p> <p>Healthy eating PIXL</p> <p>Personal safety including Bikeability</p> <p>Drugs, alcohol and smoking (1 lesson each)</p>	<p>Health self-assessment PIXL</p> <p>Being active PIXL</p> <p>Healthy eating PIXL</p> <p>Elections <b>(CEC- week 2)</b></p> <p>Body image and confidence (DOVE)</p> <p>Good communication (accept feedback or reject unhelpful criticism)</p> <p>Healthy routines 1 and 2 PIXL</p> <p>Media and body image (How media portrays young people)</p> <p>Substance use and misuse (2 lessons- possibility of debate on whether cannabis should be legalised)</p>	<p>Healthy routines 1 and 2 PIXL</p> <p>Elections <b>(CEC- week 2)</b></p> <p>Dealing with bereavement - Samaritans</p> <p>Health risks Parts 1 and 2 PIXL</p> <p>Substance use and misuse- drugs, alcohol and tobacco booklets available (3+lessons)</p> <p>Positive and negative roles of drugs in society</p> <p>Facts and the law on legal and illegal substances</p>
Autumn 2	<p>Topic 1 Rights and Responsibilities</p> <p>Rules and fairness</p> <p>Human rights</p> <p>Topic 2 Diversity</p> <p>Topic 8 The global community</p> <p>Identities</p> <p>Communities</p> <p>British Community</p>	<p>Topic 3 Government, parliament and elections</p> <p>Topic 4 Central and Local Government</p> <p>Topic 7 Media</p> <p>Politics and censorship (up to 8 lessons available)</p>	<p>Topic 5- Voluntary groups</p> <p>Topic 6- Conflict resolution</p> <p>Topic 9- Active citizenship</p> <p>Youth justice</p> <p>Rights and responsibilities (up to 6 lessons)</p>
Spring 1	<p>Healthy relationships</p> <p>Them and Us Yr 7:</p> <p>Without harm</p> <p>Acts of kindness and Respect</p> <p>Risk and safety</p> <p><b>STAR project- Internet safety and grooming</b></p>	<p>Healthy relationships</p> <p>Them and Us Yr8:</p> <p>Without harm</p> <p>Acts of kindness and Respect</p> <p>Pornography</p> <p>Internet safety and grooming</p>	<p>Healthy relationships</p> <p>Health behaviours</p> <p>FGM (WAL)</p> <p>Pornography</p> <p>Internet safety and grooming</p> <p><b>STAR project- Consent</b></p>

Spring 2	Environment (up to 6 lessons available) Planning for the future (4 lessons available)	<b>STAR project- Sexting</b> Children's rights (up to 5 lessons available) Risk and personal safety including Bikeability (up to 6 lessons available) Planning for the future (The Real Game- 6 lessons)	Risk and safety- Watch Over Me (up to 5 lessons) Economics and Personal Finance (up to 7 lessons)
Summer	LORIC Leadership	LORIC Organisation	LORIC Resilience